



Healthy Choices: Substance Use and Digital Safety Modules for Grade 6 Students

Key Messages

1. The Ministry of Education is providing two modules on substance use and digital safety that align with the Grade 6 Health and Physical Education and Language curricula. These modules provide a consistent, ready-to-implement approach to two topics: substance use and digital safety.
2. Educators are well-positioned to guide this learning. The focus of the learning is on knowing the facts and developing decision-making strategies so students can make safe and informed choices when it comes to substance use and digital safety.
3. The modules are evidence-based, easy to use, flexible and include resources to support their delivery (e.g. Educator Guide, a slide deck, and animated videos). All materials are available in both English and French and can be found in the [Ministry of Education's virtual learning environment \(VLE\)](#).

